

# Energy efficiency

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Tips, tools and information to run your home more energy efficiently and save money.

Every one of us is an energy user and there are many things we can do to reduce how much energy we use. This is especially good news for the bill payer as using less energy means more savings. Follow the tips below to make your energy budget stretch a bit further.

## Minimise your electricity usage

Did you know that by taking some simple steps you can save up to £375 per year off your electricity bill?

Follow the Energy Saving Trust's tips:

1. Switching off standby mode on your devices could save around £55 per year
2. Draught-proofing windows and doors could save around £45 per year
3. Turning off lights when you leave a room could save around £20 a year
4. Switching to LED bulbs can save between £4-£13 per bulb per year
5. Using your washing machine more efficiently, such as doing a 30-degree wash, could save you around £28 a year
6. Avoiding using your tumble dryer in warmer weather could save around £60 a year
7. Keeping your shower time to just 4 minutes could save a typical household £70 a year on their energy bills
8. Swapping just one bath a week with a 4-minute shower could save you £12 a year on your energy bills
9. Avoid overfilling the kettle and save yourself £11 a year on your electricity bill
10. Reducing your dishwasher use by one run per week for a year could save you £14
11. Effective insulation of your hot water cylinder is important: even if you have thin spray foam or a loose 25mm jacket, you can benefit from increasing the insulation to a British Standard Jacket 80mm thick, saving £35 a year in the process

For more information on energy efficiency, visit the [Energy Saving Trust website](#).

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## Make the best of your home heating

1. Pull your sofa away from the radiator if it is in front of it.
2. Keep curtains closed to keep heat in.
3. Draught-proof windows and doors.
4. Turning down your thermostat by 1°C could save you £80 a year.
5. Servicing your boiler regularly will reduce your heating bills.
6. Insulating your loft can save you around £155 per year.
7. Cavity wall insulation can save you as around £185 a year.
8. Solid wall insulation can save you around £250 a year.

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Appliance cost checker

## **See how much your appliances cost to run**

Air fryer or oven - want to know what's cheaper? Use our appliance cost checker to see how much, on average, your appliances are costing you to run.

[See appliance running costs](#)